

OUTDOOR OLYMPIC GAMES



STRUCTURE BUILDING



- Each team will be given limited resources and a plan to build a structure within a limited time.
- After finishing the building, each team has to present its structure and test its stability.
- There will be 3 rewards or more (e.g. tallest, strongest, most creative..)

30/120 Minutes

Team Spirit & Creativity (In/Out)

Up to 500 Pax

SURVIVE ON THE BRIDGE



- There will be cardboards prepared for you to build a bridge with. Each team will be provided with the same amount of materials.
- There are two options:
 1. Bridge for humans : Everyone has to be able to stand on it without the bridge collapsing.
 2. Bridge for remote control car : The remote control car has to drive crossing bridge without the bridge collapsing.

20/60 Minutes

Team Spirit & Strategy (In/Out)

Up to 200 Pax

EGG DROP



- Each team will get materials to craft an egg package. Brainstorm and manage to protect the egg from a fall.
- When time's up, each team has to present its package.
- Let's see which team manages to keep the egg unbroken.

30/60 Minutes

Team Spirit & Creativity (In/Out)

Up to 200 Pax

PASS THE WATER



- Each team sits on the floor forming a line.
- Pass the water bucket from front to back.
- Add more conditions to make it more difficult (e.g. blindfold).
- First team to fill the bucket to the indicated point wins.

15/45 Minutes

Team Spirit (Out)

Up to 200 Pax

PASS THE HOOLAHOOOP



- Form a line and hold hands.
- Pass the hoolahoops from the beginning of the line to end without letting hands out.
- The team that finishes has to sit down.
- Winner gets more points or loser gets punishment.

10/20 Minutes

Team Spirit & Sporty (In/Out)

Up to 400 Pax

PASSING SUPER POWER



- The team members will sit, forming a circle. Music will play, there will be several items like tape, powder and lipstick but a simple stick as well.
- The items will be passed around to the next person, behind the back. Once the music stops, the people holding the items will have to stand up.
- The people with the lipstick will be the fashion victims and other persons will have to apply the makeup on the fashion victim.
- All the fashion victims for each team will proceed with a catwalk on the stage with music and their team greeting them.
- The funniest and most creative team will win the most points.

20/30 Minutes

Icebreaking & Creativity (In/Out)

Up to 200 Pax

THAI BRACELET CLASS & COMPETITION



- You will have a chance to learn more about Thai culture and Thai Art using flowers.
- A Thai bracelet maker will teach you how to do it. All of you will get your own handmade bracelet.
- When the class finishes, each team has to do one bracelet together.
- You will sit in line and each person will have 30 seconds to make it and then will have to pass the bracelet to the person behind. The team that finishes first or made the most bracelets wins.

20/30 Minutes

Team Spirit & Cultural (In/Out)

Up to 100 Pax

MUTE



- Each team forms a line, everyone is watching in the same direction and the last person in line will go to the game master to look at the marker picture.
- This person will tap on the shoulder of the person in front of him/her for him/her to turn back and then will start the mime.
- You will use your body language for this person to guess the word. Once the person thinks they got the word, they tap on the should of the person in front and then until the end of the line.
- The goal is to keep the chain with the original word until the end.
- Unexpected results and ridiculous poses guaranteed.

10/30 Minutes

Icebreaking & Communication (In/Out)

Up to 200 Pax

DODGE BALL



- Divided into 2 teams on 2 sides with a defined number of balls in the middle.
- Start the game by getting a ball.
- Throw the ball to the other side by trying to hit the other team players. If it's a hit, that person is "dead".
- Dead person has to stand in the back of opponent team.
- If the ball is caught by the opponent, the thrower of the missed shot is "dead".
- If the "dead" can catch and throw the ball to hit the opponent, they are back alive and go back to their team.

10/30 Minutes

Team Spirit & Sporty (In/Out)

Up to 200 Pax

HOLEY PIPES



- You will be given a bucket full of water and a perforated pipe.
- You will have to take the water from the bucket using a cup and pour into the pipe.
- At the bottom of the pipe will be a ball that you have to take off by using water.
- Try to put as much as water as you can with any technique until you can get the ball.
- The winner will be the team that gets the ball first.

10/20 Minutes

Cohesion & Strategy (Out)

Up to 200 Pax

AEROBIC DANCE



- There will be an Aerobic instructor who will teach you how to practice aerobic dance.
- After some training, each participant will have to come up with their own dance moves and lead others to do it.

20/60 Minutes

Ice Breaking & Sporty (In/Out)

Up to 100 Pax

WATER VOLLEYBALL



- Two teams will play against each other.
- In each group there will be net catchers and throwers.
- Throwers will cast a balloon containing water toward the other team using a piece of fabric.
- Net catchers will have to catch the ball from the other team without exploding it.
- Throw back until we get winner by reaching a defined number of points.

15/30 Minutes

Team Spirit & Strategy (Out)

Up to 200 Pax

THREE LEG RACING



- Your group will have its legged strapped together.
- You have to race against other teams with your legs tied.
- More rules can be applied for additional challenge.

10/20 Minutes

Team Spirit & Sporty (Out)

Up to 500 Pax

EGG AND SPOON



- Hold a egg with a spoon.
- Run to the destination without dropping the egg.
- Pass the spoon to another team member as he will have to do the same and so on until everyone is done.

10/20 Minutes

Team Spirit & Sporty (In/Out)

Up to 400 Pax

WINNER OF THEM ALL



- You'll learn songs and dance moves.
- Sing together and when the song ends, stand and find an opponent for a Rock Paper Scissors duel.
- The winner continues to play by playing against new opponents while the loser has to follow the winner.
- In the end, there will be only two long lines.
- Let's see who wins.

10/30 Minutes

Icebreaking (In/Out)

Up to 400 Pax

HUNGER GAME



- There will be many colorful balls with different points lying on the ground.
- There will be an assigned role for each participant such as Collector, Attacker and Defender.
- Do your job ; get and save as many balls as you can.
- You can steal from other group's collector or from their base, depends of your strategy.
- The team reaching first the assigned score will be the winner.

10/30 Minutes

Strategy & Sporty (In/Out)

Up to 100 Pax

WIZARD OF OZ



- Each team member will have a word on the back, you have to show it to other team members while hiding it from your opponents .
- Discover the other teams words and give them to the staff to use those words to create a sentence.
- Brainstorm and conceive strategies to get a maximum of words without revealing yours.

20/30 Minutes

Team Spirit & Strategy (In/Out)

Up to 100 Pax

SPIDER WEB



- There will be a rope binding to trees and poles.
- There will be many holes with different sizes.
- All of you will have to pass through the holes without touching the ropes.
- One hole can only be used once by passing or touching.
- If a person touches the rope, they have to pass again. That hole counts as used.
- Think of a way to let all of your team members to pass through them !

10/20 Minutes

Team Spirit & Icebreaking (Out)

Up to 40 Pax

TRUST WALK



- Your team will be blindfolded.
- One person will be the navigator that has to lead the team to the final point in safety without touching.
- Rules can be adapted.

10/20 Minutes

Team Spirit & Icebreaking (In/Out)

Up to 400 Pax

EARTHQUAKE



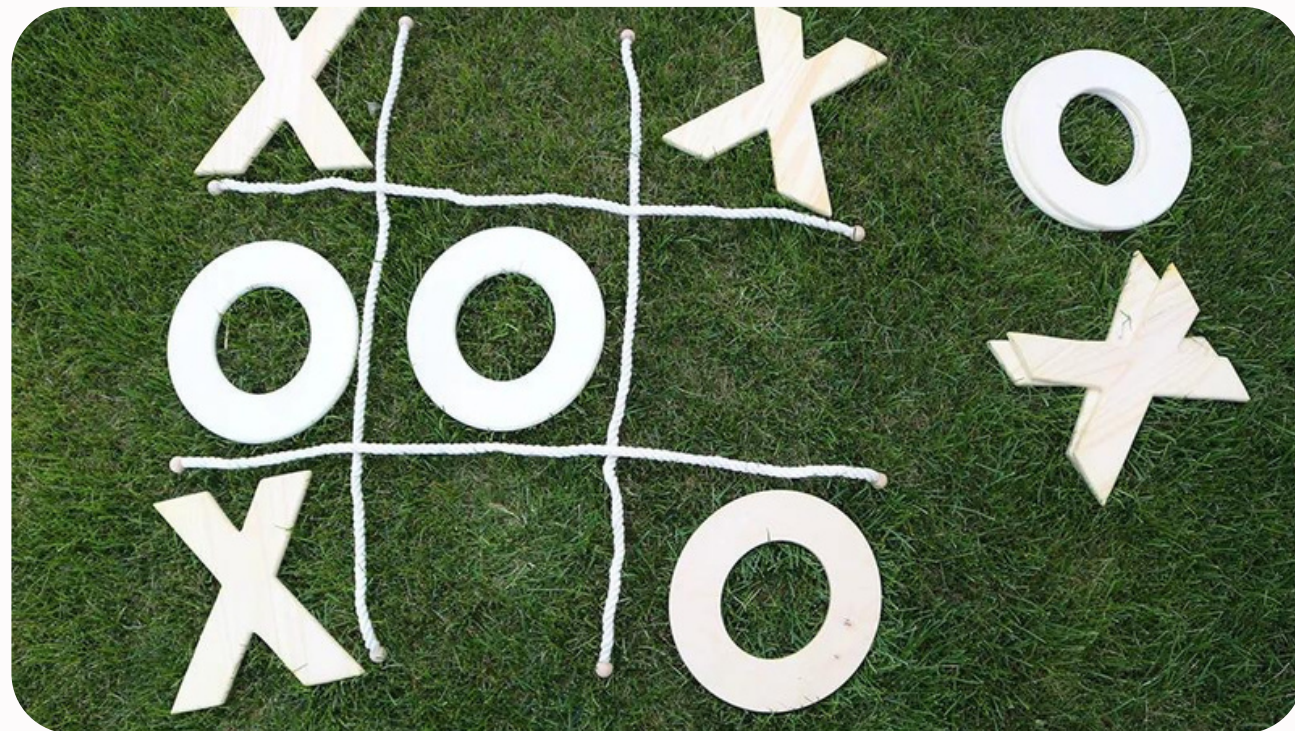
- There will be a paper or rope to limit your space.
- Your team has to fit in that space.
- The space will become smaller from time to time.
- Make your best score and win against other teams.

10/20 Minutes

Team Spirit & Icebreaking (In/Out)

Up to 400 Pax

TIC TAC TOE



- It's the basic XO game that we used to play back then but this time its not on paper but in real life.
- Your team will have 3 objects (either Cross or Nought). First 3 persons will hold them.
- When game starts, first person has to run to the XO table and put the ball on the grid.
- Tap the next person hand so that person can start running to the XO table to change the object position.
- Do it until one team wins. Make it best of three matches.

10/30 Minutes

Team Spirit & Strategy (In/Out)

Up to 200 Pax

CUP FLIPPING



- Two teams have to face each other.
- Each team stands in line at each side of a table. Cups are filled with water.
- First person of each team has to drink the water inside a cup.
- After finishing it, flip the cup make it land face down.
- Do it until it faces down, then next person can start to drink.

10/20 Minutes

Team Spirit & Icebreaking (Out)

Up to 100 Pax

PERFECT SQUARE



- All of you will be blindfolded.
- There will be a long rope.
- You will have to make it into a square shape.
- Let's see how perfect your square is !

10/20 Minutes

Team Spirit & Communication (In/Out)

Up to 400 Pax

PHOTO HUNT



- You will be divided into two teams.
- Each team has to go in front to do some freezing action (e.g. a photo).
- Other team has to memorize this photo for a period, after that, turn around.
- The team in front changes some actions like hand position, clothes (e.g. removing socks), or anything.
- Other team turns back, facing team in front.
- identify the changed actions to get the points.

10/20 Minutes

Team Spirit & Creativity (In/Out)

Up to 100 Pax

DEAF THEATRE



- Each team gets a story.
- All of the team members need to do a roleplaying without speaking.
- After the show ends, if each other team can guess the story correct, your team gets point.

10/20 Minutes

Team Spirit & Creativity (In/Out)

Up to 80 Pax

SCAVENGER HUNT



- Split into teams.
- Each team will get assignments to complete (e.g. taking funny photos, talk with stranger, eat something ..)
- The team that gets the most points or finishes first will be the winner.

20/60 Minutes

Team Spirit & Strategy (In/Out)

Up to 200 Pax

SACK RACE



- That is one of the many relay race we propose.
- There will be a sack for your team to put yourself in.
- You have to run, jump, move to the assigned point and give the sack to your next teammate until the last person.
- The team finishing first wins.

10/20 Minutes

Team Spirit & Sporty (Out)

Up to 500 Pax

CHAMPAGNE RUN



- One of the many relay race we propose.
- You will have to use your waiter/waitress skill !
- There will be a tray, a glass of water and a bottle of water.
- You have to run without dropping anything and pour the water into a bucket.
- The team that fills the most water wins.

10/20 Minutes

Team Spirit & Sporty (Out)

Up to 200 Pax

BIRD EYE VIEW



- Choose some picture (usually your logo).
- Plan how to make everyone in your group to reproduce that picture. Organize it and try to make it as similar as you can.
- When you finish, the drone will go up and capture your result.
- We can provide T-Shirts with the colour of your logo on demand.
- Make it as your great memory of the team !

20/40 Minutes

Team Spirit & Cohesion (Out)

100 to 1000 Pax

CONTACT OUR TEAM



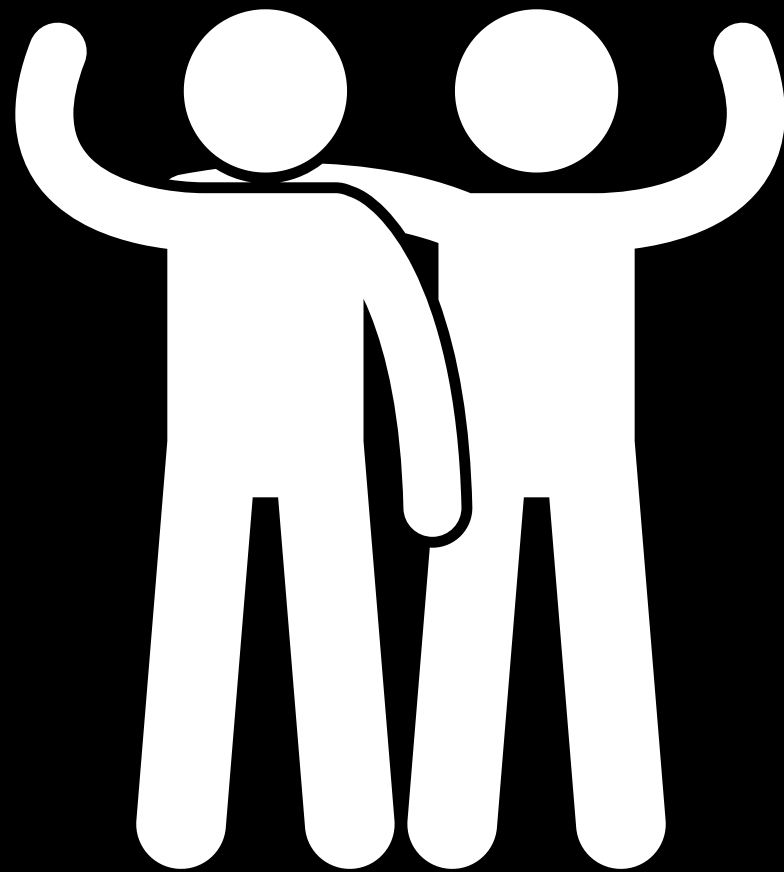
BENJAMIN.CONRAZIER@GMAIL.COM
+66 (0) 91 050 1408



TANNY.BKKFRENCHTOUCH@GMAIL.COM
+66 (0) 87 492 2684

<https://teambuildingbkk.com/>

STRONGER TOGETHER WITH TEAM BUILDING BKK



[Check our Youtube Channel](#)

